

Sir Michael

2026 Example Timetable – Week One



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Breakfast						
09:00-10:30	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2	Excursion to London including a sightseeing tour of Buckingham Palace, Big Ben, the Houses of Parliament and Westminster Abbey	Free morning for relaxing or enjoying Cambridge city centre
11:00-12:30	British culture lessons 3 & 4	English communication lessons 3 & 4	British culture lessons 3 & 4	English communication lessons 3 & 4	Excursion lessons 3 & 4		
	Lunch						
14:00-15:30	Orientation talk and walking tour of Cambridge city centre	Badminton English cream tea Swimming Botanic Gardens	Meditation Cake decorating Basketball King's College Chapel	Charcoal sketching Tennis Football Sedgwick Museum	Football Quiz Bag design Fitzwilliam Museum		Sports and games
	Dinner						
19:30-21:00	Sports night	Party	Selfie challenge	Punting on the river Cam	Karaoke party	Movie	Games night
	Students must be in their residence by 21:30						
	Lights out at 22:30						

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2026 Example Timetable – Week Two



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Breakfast						Return home
10:00-11:30	Ultimate frisbee English tea party Charcoal sketching St John's College visit	Swimming Basketball T-shirt design Botanic Gardens	Running club Cake decoration Volleyball Sedgwick Museum	Football Watercolour painting Bag design Bingo	Punting Tennis Meditation Museum of Anthropology	Excursion to Windsor Castle	
13:30-15:00	Lunch						
	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2	English topic and life skills lessons 1 & 2		
15:30-17:00	British culture lessons 3 & 4	English communication lessons 3 & 4	British culture lessons 3 & 4	English communication lessons 3 & 4	Excursion lessons 3 & 4		
	Dinner						
19:30-21:00	Sports night	Party	Games night	Punting on the river Cam	Karaoke party	Movie	
	Students must be in their residence by 21:30						
	Lights out at 22:30						

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2026 Example Activities



Badminton	Charcoal sketching	Punting on the river Cam	Basketball	Cake decorating	King's College Chapel
Football	Mask making	Hidden-Cambridge selfie challenge	Tennis	T-shirt design	Cambridge University college tour
Volleyball	Bag design	Decoupage design	Fitzwilliam Museum	Swimming	Friendship bracelet making
Sedgwick Museum	Ultimate frisbee	Cookie decorating	Anthropology Museum	Meditation	Cake decorating
Botanic Garden visit	Movie	Bingo	Board games	Disco	Karaoke party